

Love in a Mist Quilt Block

By: Elaine Huff

The **Love in a Mist quilt block** is an easy block for beginners with only half square triangles, square in a square and square patches. This traditional style block was originally done with only a light and a dark (or medium) colored fabric. I had to do my own thing so I added in another color. Additionally, the center star could be a fourth color. Let's get started!



I recently discovered that "Love in a Mist" is the name of a really pretty little flower.

Fabric Requirements for a 12" Finished Block:

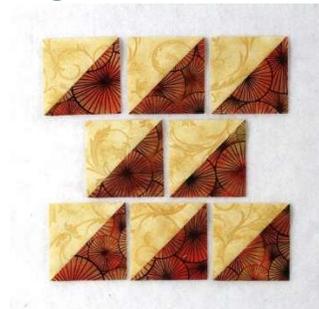
- Light/Gold: 1 - 4.5" square, 4 - 3" squares, and 20 - 2.5" squares
- Medium/Orange: 4 - 3" squares, and 4 - 2.5" squares
- Dark/Black: 4 - 4.5" squares



Sewing Directions:

Step 1: Half Square Triangle Units

Using the four Light/Gold 3" squares and the four Medium/Orange 3" squares sew together eight Half Square Triangle (HST) units as shown in the picture below. Trim/square up the HSTs to 2.5" square. You can find my tutorial for sewing a basic HST at <https://fabric406.com/blogs/fabric406-blog/how-to-sew-a-basic-half-square-triangle-block>



Step 2: Square in a Square Units

Next you sew the Square in a Square units by using 16 Light/Gold 2.5" squares and the four Dark/Black 4.5" squares as shown below. You will find the tutorial for sewing together a basic Square in a Square block at <https://fabric406.com/blogs/fabric406-blog/how-to-sew-a-basic-square-in-a-square-block>



Step 3: Corner Units

Lay out two Step 1 Half Square Triangle units, a Light/Gold 2.5" square, and a Medium/Orange 2.5" square as shown in the picture below.



Step 4:

Now you can sew the patches together like a [Four Patch](#) block by sewing them into two rows. Then press the seam allowances away from the Half Square Triangle units as shown below.



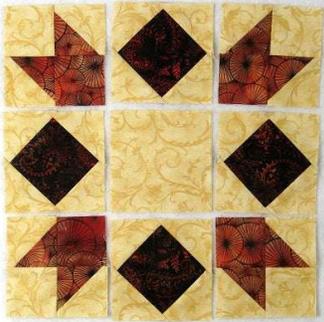
Step 5:

Now sew the two rows together and press the seam allowances. You can see in the picture below that I've use the tweak/twirl/furl method for pressing but you can press however you like. **Repeat Steps 3 through 5 for a total of four Corner units.**



Step 6: Putting It All Together

Lay out the Corner units, the Square in a Square units, and the Light/Gold 4.5" square as shown below.



Step 7:

From here the **Love in a Mist quilt block** goes together like a typical [Nine Patch](#) block. Sew the units together into three rows as shown in the picture below.



Step 8:

Press the seam allowances away from the Square in a Square units as shown below.



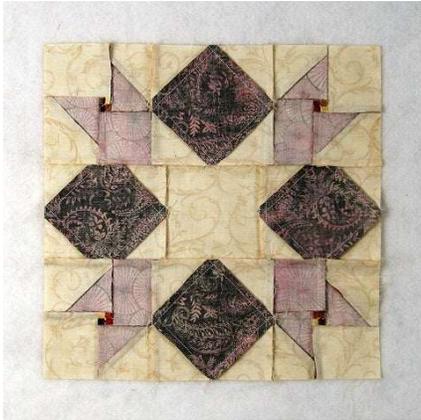
Step 9:

Sew the three rows together.



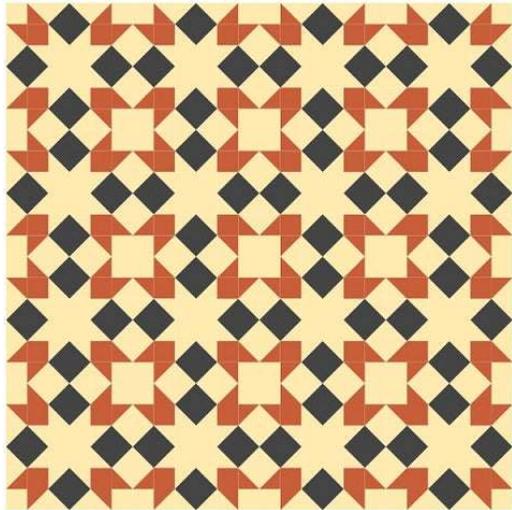
Step 10:

Press the seam allowances toward the center of the block as shown in the picture below. You're done!

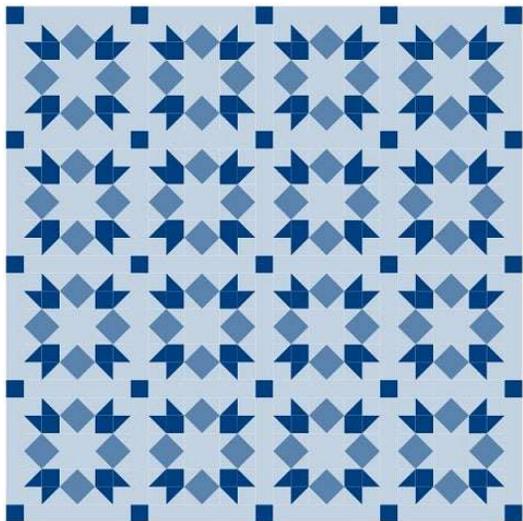


Layout Ideas:

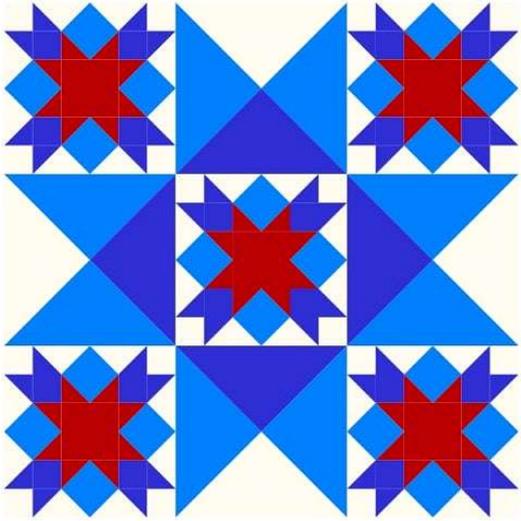
This example is a basic 4 x 4 layout with similar colors to the tutorial. I love the secondary design that appears!



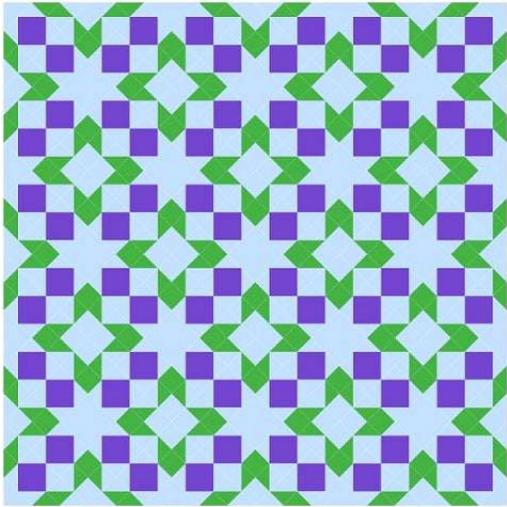
This version of the basic 4 x 4 layout includes sashing and cornerstones.



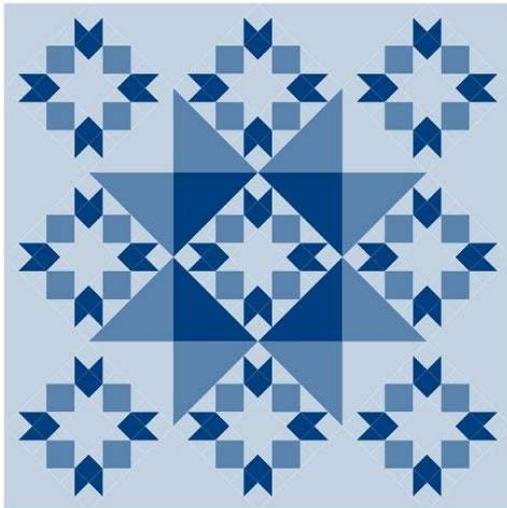
This layout uses a large [three-color Hourglass block](#) as an alternating block. This creates another large star in the quilt.



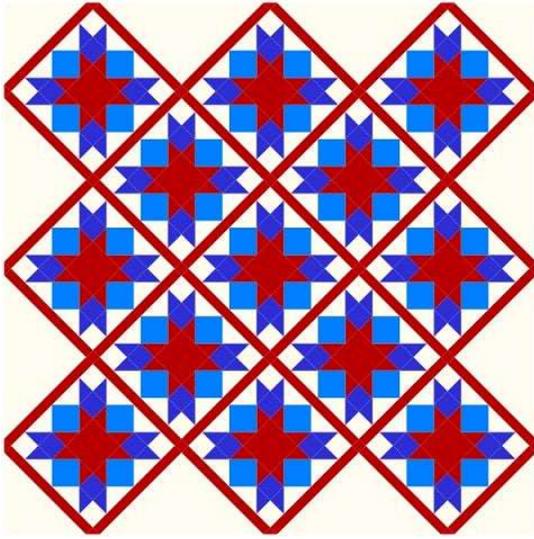
This is an example of an on-point layout with the block extending into the setting triangles.



And this on-point layout uses the large three-color Hourglass block to create another large star in the quilt.



And this on-point example has narrow sashing and cornerstones and plain background fabric for the setting triangles.



Conclusion:

The **Love in a Mist quilt block** was a fun block to put together. It's pretty easy and quick to complete and you could have fun with color placement. I like how the Dark/Black squares give the illusion of the center star sitting on top of a dark square.